

Resources

Cannaconnect:

“Working in collaboration with our frontline network of veteran ambassadors is our team of leading physicians, with specialties across Psychiatry, Pain Management, Psychology, Family Medicine, and Emergency Medicine. Further reinforcing our commitment to supporting our veterans with health care professionals that can relate to their experiences and provide the compassion and care that is required, several of our physicians are themselves former Canadian and Israeli military veterans!”

Toronto: **(647) 362-7320**
www.cannaconnect.ca

Helping Heroes Heal:

“It has been known for a long time, physical activity is a great way to combat illness/injury. We will continue creating opportunities, for our country's heroes, to be active in society through sport.”

www.hhhfoundation.ca

Legion

Legion offers many services including immediate assistance or long-term care services.
For immediate assistance: 1-800-268-7708
Contact your local Legion for long-term options

RCMP Peer to Peer Program

St Joe's Open Peer Support Group

Spartan Wellness

“From transitional family medicine needs to our wellness programs that have been meticulously tailored by Veterans themselves, Spartan Wellness is a premier one-stop resource for Veteran healthcare in Canada.”

www.spartanwellness.ca

Tree of Stars Peer Support

“Promoting mental health awareness & addictions recovery by telling our stories through music & arts in cafe spaces. Our mission is encouraging participation and inspirational growth.”

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